

PSHE Long Term Overview

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| Year 2 | Autumn 1 |
| | Being me around the world |
| | <u>Termly Objectives</u> I can identify some of my hopes and fears for this year I know how to use my Jigsaw Journal I understand the rights and responsibilities for being a member of my class and school I understand the rights and responsibilities for being a member of my class I can listen to other people and contribute my own ideas about rewards and consequences I understand how following the Learning Charter will help me and others learn I can recognise the choices I make and understand the consequences |
| | Autumn 2 |
| | Celebrating differences |
| | <u>Termly Objectives</u> I am starting to understand that sometimes people make assumptions about boys and girls (stereotypes) I understand that bullying is sometimes about difference I can recognise what is right and wrong and know how to look after myself I understand that it is OK to be different from other people and to be friends with them I can tell you some ways I am different from my friends |
| | Spring 1 |
| | Dreams and Goals |
| | <u>Termly Objectives</u> I can choose a realistic goal and think about how to achieve it I carry on trying (persevering) even when I find things difficult I can recognise who I work well with and who it is more difficult for me to work with I can work well in a group I can tell you some ways I worked well with my group I know how to share success with other people |

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| Year 2 | Spring 2 |
| | Healthy Me |
| | <u>Termly Objectives</u> I know what I need to keep my body healthy I can show or tell you what relaxed means and I know some things that make me feel relaxed and some that make me feel stressed I understand how medicines work in my body and how important it is to use them safely I can sort foods into the correct food groups and know which foods my body needs every day to keep me healthy I can make some healthy snacks and explain why they are good for my body I can decide which foods to eat to give my body energy |
| | Summer 1 |
| | Changing Me |
| | <u>Termly Objectives</u> I can recognise cycles of life in nature I can tell you about the natural process of growing from young to old and understand that this is not in my control I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, anus, testicles, vagina, vulva) and appreciate that some parts of my body are private |
| | Summer 2 |
| | Relationships |
| <u>Termly Objectives</u> I can identify the different members of my family, understand my relationship with each of them and know why it is important to share and cooperate I understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not I can identify some of the things that cause conflict with my friends I understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secret I recognise and appreciate people who can help me in my family, my school and my community I can express my appreciation for the people in my special relationships | |

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