

Physical Education Overview – 2025/2026

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	+	Fantasy Fairy Tale	A visit to the zoo	A Day on the Farm	An adventure with the Emergency Services	Under the Sea
	+	+	+	+	+	+
Reception	EYFS - FMS - Rumble in the jungle	EYFS - FMS - Jack and the Beanstalk	EYFS - FMS - Mini Beasts	EYFS - FMS - Hungry Caterpillar	EYFS - FMS - Transport	EYFS - FMS - Seaside
	+	+	+	+	+	+
Year One	KS1 - Y1 Dance – Three Little Pigs	KS1 - Y1 - FMS Rolling a Ball	KS1 - Y1 - FMS Underarm Throw	KS1 - Y1 - FMS Overarm Throw	KS1 - Y1 - Gymnastics Activities Core Task 1	KS1 - Y1 - FMS Catching and Bouncing a ball
	KS1 - Y1 - Baseline Unit - Lost and Found	+	+	+	+	+
Year Two	KS1 - Y2 Dance - Wind in the Willows	KS1 FMS Kicking Unit	KS1 - Y2 - Games - Net and Wall	KS1 - Y2 - Games - Striking and Fielding	KS1 - Y2 - Gymnastics Activities	KS1 - Y2 - OAA The Great Outdoors
	+	+	+	+	+	KS1 - Y2 - FMS End of KS1 Assessment