



## Wider Curriculum Offer

The Bridge at Shadsworth Infant School is dedicated to providing a holistic and enriching curriculum that supports the diverse needs of our pupils. Our approach is designed to foster emotional well-being, social skills, and personal development, ensuring that every child has the opportunity to thrive. Detailed below is our wider curriculum offer:

### Forest School Sessions

- **Overview:** Our weekly Forest School sessions are delivered by a trained forest school practitioner and offers pupils the chance to engage with nature in a hands-on, experiential learning environment
- **Benefits:** This initiative promotes resilience, teamwork, and self-esteem through outdoor activities such as den building, nature exploration, and risk-taking in a safe environment.

### Trips and Visits

- **Overview:** Regular trips to local outdoor spaces, attractions and sporting facilities are integral to our curriculum and provide a wealth of learning experiences beyond the classroom.
- **Benefits:** These practical learning experiences, enhance social skills, and encourage community engagement, fostering a sense of belonging and connection. Outdoor trips, particularly to local parks, offer opportunities for physical activity, exploration, and social interaction in a natural setting.

### Music sessions

- **Overview:** Our music specialist leads weekly sessions that focus on musical expression and creativity.
- **Benefits:** Music therapy can be a powerful tool for emotional expression, helping pupils to develop confidence, improve concentration, and enhance social interaction through group activities like singing and instrument playing.



## Sports Coaching

- **Overview:** Our sports coach delivers weekly sports sessions that are carefully tailored to cater for the needs of our SEMH pupils.
- **Benefits:** These sessions promote physical health, teamwork, and self-discipline, while also providing an outlet for energy and a means to develop social skills through cooperative games and activities.

## Play Therapy

- **Overview:** Play therapy provides a safe space for pupils to express themselves through play and can help them make sense of emotional challenges.
- **Benefits:** This therapeutic approach helps children process their emotions, build resilience, and develop coping strategies in a supportive environment.

## Thrive Approach

- **Overview:** Thrive sessions are delivered by our Thrive practitioner and are tailored to support the emotional and social development of our pupils.
- **Benefits:** These sessions focus on building emotional literacy, self-regulation, and interpersonal skills through structured activities and play, helping pupils to understand and manage their feelings effectively.

## Lego Therapy

- **Overview:** Lego Therapy is a collaborative play-based intervention that encourages communication, teamwork, and problem-solving skills.
- **Benefits:** By working together to build projects, pupils enhance their social skills and develop confidence in expressing their ideas and emotions.